Dear Parent/Guardians,

Tick season is here. Most ticks are harmless and don’t need medical treatment. But some ticks (deer ticks, wood ticks) can carry harmful germs that cause diseases. The deer tick is tiny no larger than a pencil point. Other ticks are larger and easier to find on the skin.

**When to see a MD**

- Remove a tick as soon as possible.
- Call MD if tick might have been on skin more than 24 hours.
- Part of tick remains in the skin.
- Rash of any kind develops (red ringed bull’s eye rash or red dots on wrist and ankles).
- Bite area looks infected.
- Symptoms: fever, headache, stiff neck.

**How to protect your child from ticks**

After playing outside check their skin and hair especially scalp, behind ears around neck, in eyebrows, eyelashes and underarms. When playing outside in wooded area, kids should wear long sleeves and pants tucked into socks. Use insect repellent with at least 10% DEET (Read directions for proper age) Avoid tick infested areas.

**REMINDER**

All fifth graders are required to have the Tdap and Menactra at age 11 to enter 6th grade. Please make your appointment!

Sincerely,

Mrs. Murphy R.N